

March 2023

Simple Life

Live large. Carry less.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28 11:00AM (V) Ageless Grace 3:00PM (H) Knitting Together 5:00PM (H) Gentle Yoga	1 10:00AM (V) Knitting Together 1:30PM (V) Cards & Games 6PM-8:00PM (V) Trivia Night 7:00PM (H) Mindful Meditation	2 11:00AM (V) Gentle Yoga 6:00PM (V) Crafting Together	3 9:30 AM (H) Ageless Grace	4
5 1:30PM (V) Cards & Game	6	7 11:00AM (V) Ageless Grace 3:00PM (H) Knitting Together 5:00PM (H) Gentle Yoga	8 10:00AM (V) Knitting Together 1:30PM (V) Cards & Games 7:00PM (V) Mindful Meditation	9 11:00AM (V) Gentle Yoga 6:00PM (V) Crafting Together	10 9:30AM (H) Ageless Grace	11 Pet Treat Making Class 2:00PM-3:30PM (V) (Limited Spots-pls see below to sign up) 4:00PM (V) Bocce Ball
12 1:30PM (V) Cards & Game	13 4:00PM (V) Cornhole Fun	14 <u>HAPPY NATIONAL PI DAY π -</u> <u>Come enjoy some pie with</u> <u>friends (H) 11AM-3PM</u> 11:00AM (V) Ageless Grace 3:00PM (H) Knitting Together 5:00PM (H) Gentle Yoga	15 10:00AM (V) Knitting Together 1:30PM (V) Cards & Games 6:00PM-8:00PM (V) Trivia Night 7:00PM (H) Mindful Meditation	16 11:00AM (V) Gentle Yoga 6:00PM (V) Crafting Together	17 9:30AM (H) Ageless Grace <u>HAPPY ST PATRICK'S DAY!</u> <u>COME ENJOY A ST. PATTY'S</u> <u>DAY TREAT (V)</u> 10:00AM-5:00PM	18 3:00PM (V) Bread Making with Kay (Limited Spots-pls see below to sign-up) 4:00PM (V) Bocce Ball
19 1:00PM Resident's Learn, Laugh and Brunch @ Daddy D's Suber Soulfood (Limited Spots-see below to sign-up) 1:30PM (V) Cards & Game Diamond Painting with Jeannie & Lanna 2-4PM (H)	20 <u>HAPPY FIRST DAY OF SPRING!</u> 4:00PM (V) Cornhole Fun	21 11:00AM (V) Ageless Grace 3:00PM (H) Knitting Together 5:00PM (H) Gentle Yoga	22 <u>FREE BLOOD PRESSURE</u> <u>SCREENING/ACHES & PAIN</u> <u>ASSESSMENTS 9-11AM (See</u> <u>below to sign-up) (V)</u> 10:00AM (V) Knitting Together 1:30PM (V) Cards & Games 7:00PM (V) Mindful Meditation	23 11:00AM (V) Gentle Yoga 6:00PM (V) Crafting Together	24 9:30AM (H) Ageless Grace	25 4:00PM (V) Bocce Ball <u>SPRING KICK-OFF BINGO</u> <u>NIGHT (V) 7PM-9PM</u>
26 1:30PM Cards & Game (V) 3:00PM-4:00PM (V) Book Club - Good Reads and Good Deeds	27 4:00PM (V) Cornhole Fun	28 11:00AM (V) Ageless Grace 3:00PM (H) Knitting Together 5:00PM (H) Gentle Yoga	29 10:00AM (V) Knitting Together 1:30PM (V) Cards & Games 7:00PM (H) Mindful Meditation	30 11:00AM (V) Gentle Yoga 6:00PM (V) Crafting Together	31 9:30AM (H) Ageless Grace	1
2	3	<p>Notes Simple Life Events / Resident Events- <u>WE WELCOME EVERYONE IN BOTH COMMUNITIES TO ATTEND ANY OF THESE EVENTS.</u></p> <p>Weekly Events are the perfect gathering to connect with neighbors! Learn to play a new game, improve your Ping Pong skills, and make lasting memories with new friends. Sign up sheets are in the clubhouse hallway.</p> <p>**Bread Making and Dog Treat Making Classes have limited spots, so please email the village-management@simple-life.com to sign up.</p> <p>**There will also be a sign up sheet for the Blood Pressure Screening & Aches and Pains Assessments on 3/22/23 -9:30-10:30AM as there are only 7 spots available for this.</p> <p>**Resident Learn, Laugh and Brunch also has limited availability - pls contact Sherron Arenz @ 239-223-2396 to reserve your spot.</p>				